



We are collaborating with The Meridian Idaho Days for Girls Team for our serve activity on Saturday, March 8th, at 10am. We will be helping to complete Reusable Feminine Hygiene Kits that will be sent worldwide to areas where women do not have access to these products, as well as donated locally to those who struggle to have the items they need monthly. Additionally, we will have the opportunity to sponsor kits made by women in other countries to help reach their populations in need quicker! In order to complete the kits and help those who need them most, there are items that

can be donated. Please see the list below for items you can bring with you to help get kits to those who desperately need them:

Supply Donations Needed:

- Bright Colored **100% cotton** normal cut underwear (Women's size 5,6, or 7) No animal, words, or face prints. **No boy shorts**, brief, bikini, high cut, or hipsters are fine. It is very hard to find all colored packs and they will dye white pairs but please choose packs with the fewest white possible (including white in the print).
- Donations of feminine hygiene supplies (tampons, pads etc) that can be donated locally
- There will be a donation jar available for those wishing to donate funds to purchase fabric and supplies to help the chapter get more kits into the hands of women and girls around the world. Each kit costs about \$10 to produce. If you will not be in attendance that evening but would like to donate, Donations can also be made by Venmo to @Jenifer-Cox-5 with a note saying Days for Girls, or donate online at <https://donate.daysforgirls.org/team/149480>



venmo

Things to Bring when Volunteering:

- Sewing machines loaded with 100% dark colored polyester thread
- **Scissors**
- Donations

Questions can be directed to meridianid@daysforgirls.org